

*First 5 Calaveras Parent Workshops are
always FREE for Calaveras Families*



Intention Setting Workshop

Facilitated by Devon Shires-Reynoso,
Certified professional life coach

Gain practical tools and insights to:

- *Achieve greater fulfillment and productivity*
- *Integrate intentionality into your daily life*
- *Help your children feel more in control of their lives*
- *Improve your self-esteem and sense of accomplishment*

**Wednesday, January 17,
2023**

**Zoom
6:00 PM- 7:00 PM**

Join your session at:

<https://us06web.zoom.us/j/89286387789>

Questions?

Contact Rochelle Sweet
209-754-6927



Click to register!



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first5calaveras.org

